



Sensory Steps—Hairbrushing



- **Massaging the scalp may help before you start**
- **Use conditioner and comb it before washing the conditioner out**
- **Detangle spray can help**
- **Use a no tangle brush such as Knot Genie or Tanglefix**
- **Hold your child's hair while you brush to reduce pulling**
- **Count together, agree how many strokes**
- **Practice in front of a mirror**
- **Braiding hair can help prevent tangles**