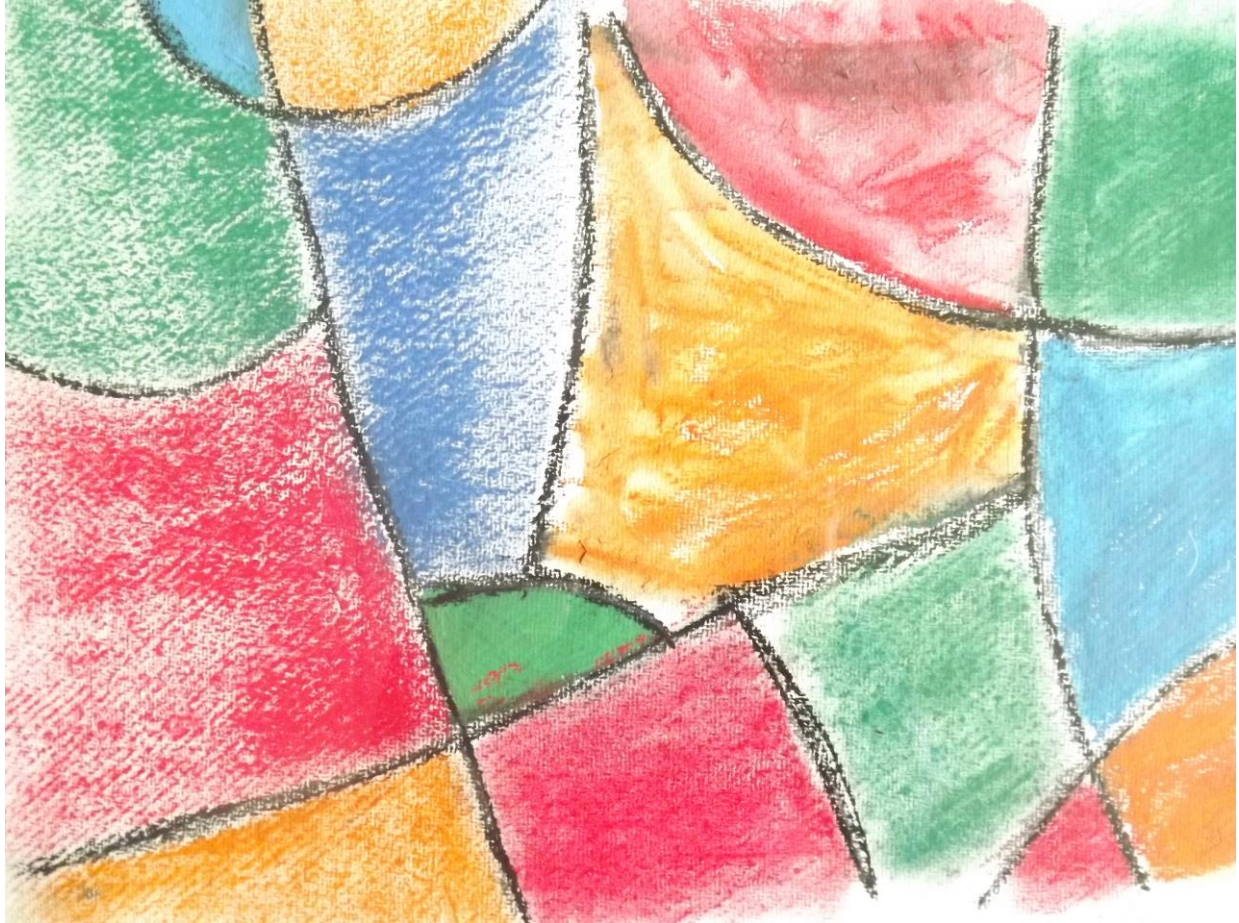


# Be Safe Service



**Be Safe Service will:**

- Assess Bristol children and young people up to the age of 17, and if appropriate offer a therapeutic intervention programme which will consist of a tailor made plan to address the concerning behaviour
- Offer advice and support to family members, carers and support network
- Offer consultation and training to Bristol Professionals including ongoing consultations

**Be Safe Aims are:**

- To stop harmful sexual behaviour in children and young people
- To help children and young people make positive life choices
- To help protect current and potential victims
- To support families / carers to understand harmful sexual behaviours
- To contribute to keeping the child / young person and others safe from harm

**Referral Criteria:**

- The concerning sexual behaviour must have been properly investigated by the appropriate Social Work team and / or Police, and any investigation and / or prosecution process has been completed
- Appropriate multi-agency meetings have taken place, i.e Strategy Meetings, Child Protection Conferences, Child Care Reviews / Planning Meetings, and / or Family Group Conferences

**The child / young person:**

- Has an allocated Social Worker, with exceptions to be agreed by the Be Safe Service Manager
- Has engaged in and accepted / admitted the harmful sexual behaviour to some degree and shown some motivation to participate in a programme of intervention.
- Is supported by a significant adult who is also willing to participate in the programme
- Is considered to be living in a safe place to participate in the intervention programme

*"The Be Safe team are always helpful and non-judgemental, supportive and kind"*

(Service user feedback – parent/carer, Feb 2015)

Be Safe offers the following Therapeutic Intervention Programmes:

### **Individual and Family Therapy**

Offering one to one and family intervention.

### **Stay S@fe Net**

For Bristol young people aged up to 17 years who have displayed harmful sexual behaviour online or through the use of technology. Provides therapeutic one-to-one and family interventions specifically targeted at young people engaging in harmful online sexual behaviour that is initiated and/or facilitated through the use of mobile devices such as smart phones or through online media such as social networking sites, chat rooms or webcams.

### **Keep Safe**

A 12 month group based intervention for Bristol young men aged 13 to 17 years old with mild to moderate learning disability and who have engaged in harmful sexual behaviour, and their parents / carers. The group is designed to teach sexual behaviour rules, how to make good choices, sex education and how to keep yourself and others safe.

### **Children's Programme**

An 18 session group or family intervention programme, which can be offered to children aged 7 to 11 with worrying sexual behaviour, and their parents / carers. This programme is for children in Bristol and South Gloucestershire. The programme includes appropriate sexual behaviour, safety planning, parent training, impulse control, coping strategies, and child-parent relationships.

### **Restorative Justice Programme**

Pilot programme for "victims of harmful sexual behaviour" led by the Greenhouse Service in collaboration with Be Safe and Bristol Youth Offending Team.

### **External Commissions**

We welcome external commissions from agencies outside of our service level agreements, for consultation, training, assessment and therapeutic intervention. Please contact us for further information and our fee structure.

*"The best thing about group today  
was making new friends"*  
(Service user feedback – child / young  
person, Feb 2015)





Be Safe is a multi-agency Service hosted by Avon & Wiltshire Mental Health Partnership NHS Trust and accountable to the Bristol Children’s Safeguarding Board, with support from NHS Bristol, Barnardos, Bristol City Council, The People’s Directorate and Youth Offending Team, Safer Bristol and Avon and Somerset Police

### Confidentiality

Under the Data Protection Act and Sharing Information Protocol, young people’s file will be confidential. Any information relating to child protection or criminal matters will be passed to key agencies.

*“Outstanding commitment to effectiveness & care with competent staff, evidence based care and treatment & outcome monitoring”*

*“Staffing levels were good with a commitment to safety, a multi-disciplinary approach, and responsive to needs”*

*CQC Inspection Report February 2015*

### Contact:

T: 0117 340 8700

Be Safe Service  
Barton Hill Settlement  
43 Ducie Rd  
Bristol  
BS5 0AX

