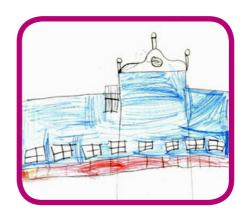


# Children Looked After Nurses (CLAN)

Information for Carers and Professionals





### **CLAN**

"Good health includes all aspects of health, including emotional well-being, dental health, healthy eating and physical activity"

The CLAN team is made up of 2 nurses, who are trained and experienced in working with children and young people, and an administrative team.

## The Health of Children and Young People in Care is everybody's responsibility and therefore:

We work in partnership with carers, social workers, residential workers, paediatricians, health workers and other multi-agency professionals, with the aim of promoting the health and well-being of looked after children.

#### What do we do?

Apart from arranging and in certain cases carrying out health assessments, we give you and the child/young person advice and help with a variety of health related issues.

#### These include:

- Difficulties in accessing a dentist.
- Unsure about vaccination schedule.
- Talking to young people about puberty, sex, drugs, smoking, alcohol, diet or emotional issues
- Concerns with child's/young person's personal safety e.g. talking to strangers.

If you're not sure about a health related issue give us a call. We can give you advice on the phone, support you to directly help & advise the child; We can arrange one to one sessions with the child/young person or arrange health promotion

sessions for larger groups of children/young people i.e. in residential settings.

If we are unable to help with a particular issues, we will endeavour to refer you to somebody who can.

We treat all information received with the utmost confidentiality unless the child's , your's or someone else's safety is at risk.

We believe our flexible child focused approach upholds the CCHP Core values:

- Respect for the unique worth of each child and young person
- Outcome-focused and innovative
- Child and young person at the centre
- Accessible and equitable services
- Service user participation at all levels

#### Reference

Promoting the Health and Well-being of Looked after Children Statutory Guidance (DH DfE 2015)

NHS Constitution. Information on your rights and responsibilities. Available at www.nhs.uk/aboutnhs/constitution





Certified member

This organisation has been certified as a producer of reliable health and social care information.

www.theinformationstandard.org

#### How to contact us:

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**Eastgate Office Centre** 

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Eastville Bristol BS5 6XX

Tel: 0117 3408071

Website: www.cchp.nhs.uk/clan

If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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