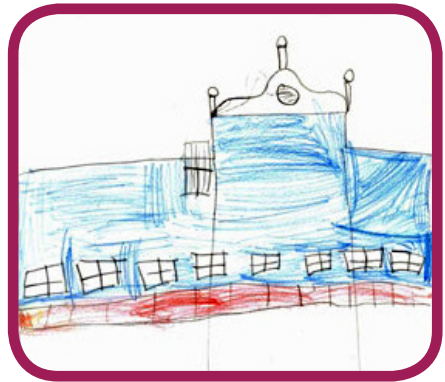




Community Children's
Health Partnership

Children Looked After Nurses (CLAN)

Health Assessments Guidance for Foster Carers



**Believe in
children**
 **Barnardo's**

Working together, working with you

We can all do our bit to improve the health and wellbeing of Children and Young People in Care.

As carers you play a key role in helping them get the most out of life.

To assist you in this key role when a child is placed with you, you should receive a report of the child's medical history and present health needs e.g.. Medications allergies outstanding appointments

If you don't receive it, ask the child's Social worker for one.

Because :

" Accurate and up-to-date personal health information and understanding their own 'health history' is important for the wellbeing of children and young people during their time in care and afterwards." (NICE)

The Health Assessment should be child focused and flexible covering physical , emotional and social needs .

Your Child may well be uncertain and even scared about the Health Assessment, so please talk through what they are worried about and reassure them about what will happen at the appointment.

If you're not sure give us a call?

Help them think about what they (and you) want to get out of the Health assessment and be prepared to ask questions on their behalf.

If you and the child can't attend the health assessment appointment inform the sender of the appointment in good time to rearrange.

Health Recommendations Care Plan

This Plan is a key document. Every child in care and carer should have one; if you haven't let us know.

The Plan helps us all to know what we each need to do to keep the child **healthy and happy**.

It is drawn up with the child, carer & health professional and forms part of the children and young people's overall Care Plan

Please follow up on your actions But also check other people are doing their bit.

If you're not sure give us a call?

We believe our flexible child focused approach upholds the CCHP Core values:

- Respect for the unique worth of each child and young person
- Outcome-focused and innovative
- Child and young person at the centre
- Accessible and equitable services
- Service user participation at all levels

Reference

Promoting the Health and Well-being of Looked after Children Statutory Guidance (DH DfE 2015)

'Promoting the quality of life of looked-after children and young people'. NICE / SCIE's 10/2010

NHS Constitution. Information on your rights and responsibilities. Available at www.nhs.uk/aboutnhs/constitution



 The Information Standard	This organisation has been certified as a producer of reliable health and social care information. www.theinformationstandard.org
Certified member	

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If you or the individual you are caring for need support reading this leaflet please ask a member of staff for advice.

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