

Formula feeding assessment form

Baby's name:

Date of birth:

Gestation at birth:

Date of assessment:

Baby's age:

Birth weight:

Last recorded weight:

on (date):

What to observe/ask about	Answer indicating effective feeding	✓	Answer suggestive of an issue	✓
Urine output	At least 6 heavy wet nappies in 24 hours		Fewer than 6 wet nappies, or nappies that do not feel heavy	
Stools output	1 or more in 24 hours: normal appearance (soft not hard or watery)		Less than 1 in 24 hours or abnormal appearance	
Baby's colour, alertness and tone	Normal skin colour; alert; good tone		Jaundice worsening or not improving; baby lethargic, not waking to feed; poor tone	
Feeding pattern	Baby is being fed on demand		Baby is being fed by the clock	
Number of feeds in last 24 hours	8 or more up to 6 weeks of age		Less than 8 up to six weeks of age	
Volume of formula in each feed	150ml/kg divided by number of feeds in 24 hours		Following the details written on the back of the tin	
Type of milk	Stage 1 milk		Hungrier baby milk, off the shelf reflux milk, comfort milk, goats milk, rice milk, sheep milk, soya milk, hydrolysed formula (unless prescribed) or swapping between brands	
Baby's behaviour during feeds	Calm and relaxed		Unsettled, turning head away from bottle, refusing to feed	
Baby's behaviour after feed	Baby content after most feeds		Baby unsettled after feeding, possetting or vomiting formula after most feeds	
Use of dummy	None used		Yes: Ask why:	

If any of the boxes in the right-hand column are ticked then further investigation is needed. Any additional concerns about the baby's well-being should be followed up as necessary.