

Contact us

To find out more about the services we offer, and for advice and support, you can contact the team in the following ways:



Advice line

07917 393196 (Wednesdays, 9:00am-12:00pm)



Email

ahpintegratedtherapy@cchp.nhs.uk

You can also find a wide range of information, including resources and frequently asked questions, on the CCHP website:



cchp.nhs.uk/cchp/explore-cchp/childrens-occupational-therapy

Is this leaflet hard to read?

Please email briscohealth.comms@nhs.net or speak to a member of the team to ask for it in another format or language

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Community Children's
Health Partnership



Community children's occupational therapy service



Working together, working with you

About the Occupational Therapy Service

Occupational Therapists can help babies, infants and young people grow, learn, have fun, socialise and play so they can develop, thrive and reach their full potential. (RCOT 2018)

Our Children's Occupational Therapy service is designed to help children who have a physical difficulty participate in activities (or Occupations) of daily living, to improve their health and wellbeing.

Occupations for children and young people may include, self care (dressing, eating a meal, using the toilet), being productive (participation in activities and routines within nursery or school) and leisure (playing with friends or doing hobbies).

An Occupational Therapist may suggest alternative ways of doing things; provide advice on learning new approaches and techniques, or making changes to the environment i.e. through using equipment or adaptations.

Who we work with

Community Children's Occupational Therapists see children from birth to school leaving age, who are finding everyday functional activities difficult.

What happens at the first appointment?

The first appointment will last about an hour. We aim to make the first session relaxed and playful for your child.

Your child will usually be assessed through observation, conversations with parents, family or carers and others involved in their life.

Other information is gained by asking the child or young person to complete different types of play activities.

Your occupational therapist will try to find out about:

- Practical difficulties in everyday activities such as dressing, eating and self-care
- School skills, such as handwriting, pencil skills and scissor skills
- Play skills
- Fine and gross motor skills affecting movement abilities

After the appointment

After the assessment the following may occur:

- A written report will be sent to you and the person who referred you. If the therapist needs to discuss this information with school, nursery or other professionals for the benefit of your child, this will be discussed with you first.
- A school visit may be offered.
- Some ideas may be suggested which can be tried at home or school.
- Sometimes ideas are provided for the school and carried out by teaching assistants.
- Occupational therapy individual or group sessions may be offered.
- If your child needs special equipment, this will be discussed with you and, if appropriate, your child's school.