

## The School Health Nursing Team

Your School Health Nursing Team is made up of School Health Nurses and School Health Assistants who are experienced in working with children and young people and providing young people-friendly services.

There is a named School Health Nursing Team for all schools with an allocated link School Health Nurse.



Emotional Health



Healthy Eating



Healthy Relationships



Dental Health



Drugs, Alcohol & Smoking



Physical Health Concerns



LGBTQA



Sleep



Continence

This service is provided by Sirona care & health as part of the Community Children's Health Partnership.



Community Children's  
Health Partnership



Community Children's  
Health Partnership

**Let us know what you think and get involved**

**T:** 0300 124 5300\*

**E:** [sirona.hello@nhs.net](mailto:sirona.hello@nhs.net)

**W:** [www.cchp.nhs.uk](http://www.cchp.nhs.uk)

\*Calls from a landline are charged up to 10p per minute; calls from mobiles vary, please check with your network provider. This is not a premium-rate number.

**This document can be provided in other formats and languages, please contact us for more information.**

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**Registered Office:**

Sirona care & health CIC,  
2nd Floor, Kingswood Civic Centre,  
High Street, Kingswood,  
Bristol BS15 9TR  
Company Number: 07585003



## School Health Nursing Service

Information for parents and carers of children starting secondary school in Bristol and South Gloucestershire

Service provided by



## How we can help

Healthy children have a better chance of learning. We work with children, young people and their families to:

- Provide health information, both in groups and individually
- Identify health promotion/health improvement initiatives, together with your child's school

We also liaise with and can make referrals to other professionals. We will discuss their involvement with you and make a referral, if appropriate, with your consent.

## Starting secondary school

Transition to secondary school can be an emotional and challenging period. Students and parents can gain support and advice from the School Health Nursing Team as well as from the school itself.

In most secondary schools the School Health Nurse runs a confidential drop-in. These sessions can be useful for seeking advice and support around many issues including emotional wellbeing, healthy relationships and healthy lifestyles.

## Healthcare needs in school

Your School Health Nurse works with school staff and other professionals to ensure young people's health needs can be supported when they are in school. This enables all young people to access education and achieve their full potential.

As your child becomes a young adult they will be encouraged to take responsibility for their own health and lifestyle.

## Privacy and confidentiality

All information received by the School Health Nursing team is treated as confidential, unless there are safeguarding concerns. Any information shared with relevant agencies will always be done in the best interests of your child.

Keeping your personal information safe and secure is important to us. For more detailed information on how we protect your information you can read more on our website: [www.cchp.nhs.uk/privacy-policy](http://www.cchp.nhs.uk/privacy-policy)

## Other useful information

### Immunisations

Your GP will have arranged for your child to have a booster immunisation at around 4 years of age.

Further information about immunisations will be offered throughout your child's school life and are subject to change according to Department of Health recommendations. Some of these will be offered in school.

For more information, please visit [www.nhs.uk/vaccinations](http://www.nhs.uk/vaccinations).

### Dentist/opticians

It is advisable that your child attends the family dentist and optician at regular intervals. These services will see your child free of charge.



For up-to-date contact details, resources and more, speak to your child's school or visit the CCHP website:

[www.cchp.nhs.uk/school-health-nursing](http://www.cchp.nhs.uk/school-health-nursing)