



South Gloucestershire Health Visiting Service contact details

South Gloucestershire (Kingswood and Cadbury Heath) - 0300 1245498

South Gloucestershire (Yate) - 0300 1245862

South Gloucestershire (Emerson's Green) - 0117 9576914

South Gloucestershire (Thornbury, Patchway and Filton)- 0300 125 6850

Local Organisation	Details	Weblink
Barnardos	Breast Feeding peer support information/groups/ contacts.	www.breastfeedingsouthglos.co.uk/local-support
Bluebells	Support for families experiencing depression and anxiety during pregnancy and after birth.	www.bluebellcare.org
Mother for Mothers	Support, advice, information and a listening ear for those experiencing postnatal depression or distress.	www.motherformothers.co.uk
Next Link	Domestic Abuse service in South Gloucestershire.	Nextlinkhousing.co.uk
South Glos	Children's Centre information, groups and contacts, Libraries, Active in Life, Smoke free homes. Childcare, Early Years and School admissions	www.southglos.gov.uk www.southglos.gov.uk/childcare



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National Organisation	Details	Weblink
First Steps Nutrition	Useful information about eating well.	www.firststepsnutrition.org
CAPT	Information relating to safety and accident prevention.	www.capt.org.uk
Hungry Little Minds	Simple, fun activities from newborn to five years.	www.hungrylittleminds.campaign.gov.uk
ERIC	Information about supporting your child to use the potty or toilet.	www.eric.org.uk
UNICEF	Information on a range of topics including caring for your baby and building a loving relationship.	www.unicef.org.uk/babyfriendly/baby-friendly-resources/
BASIS	Information about infant sleep and night time care.	www.basionline.org.uk
Healthy Start	Free vouchers for milk, fruit, vegetable, infant formula and vitamins (application required)	https://www.healthystart.nhs.uk/
Breast Feeding Network	Information and support for breastfeeding (including helplines and web chat)	www.breastfeedingnetwork.org.uk Helpline no: 0300 1000212

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