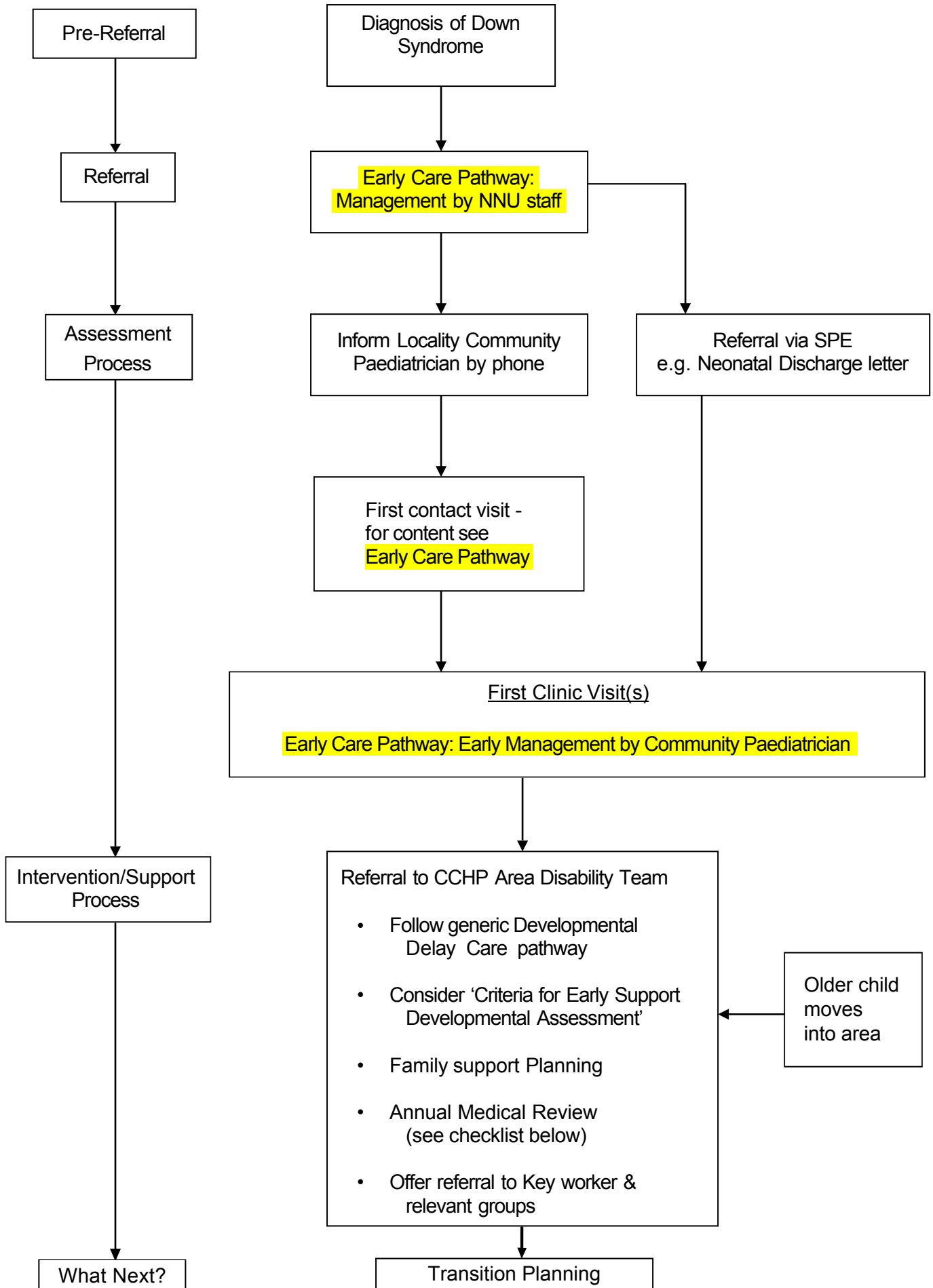


NBT Community Children's Health Partnership Down Syndrome Pathway



Annual Medical Review of Children with Down syndrome

Name:.....Date of Birth.....

NHS Number.....

To be used after Initial Contact visit and associated referrals – see Early care pathways

Date					
Age					
Vision/visual acuity At birth, 6 weeks – cataracts & visual behaviour 18-2years, 4years then 2 yearly – Ophth asst					
Hearing At birth (newborn hearing screen) Audiological asst 6-10months, then yearly until age 5 years, then 2 yearly					
TFT At birth then Annual fingerprick TSH test OR 2 yearly TFTs incl thyroid antibodies					
Consider FBC and blood film annually in first 5 years FBC at birth -5% newborns have transient myeloproliferative disorder (TMD) – 20% of these will develop AML before age 5 Risk of AML and ALL is 1/100, 18x higher than in other children, increased risk in 0-5years.					
Coeliac screen Consider annually, risk 8%, can be asymptomatic					
Growth Plot weight and height on DS centile chart at each clinic visit Plot BMI if concern re obesity					
Cardiac Cardiac assessment by 6 weeks CVS exam in clinic & if concerns Consider acquired ht disease in adolescence					
Cervical spine/atlanto-axial instability Pain behind ear, abn head posture, loss of sensation, gait alteration, deterioration in co-ordination or incontinence – ref neurol/spinal surgeon					
Sleep Related Breathing Disorders Enquire about snoring, apnoeic pauses, restlessness, unusual sleep postures, daytime somnolence. Low threshold for sleep studies – refer to Prof Fleming's specialist clinic.					
General Health Dental and foot care					
Developmental Assessment/ Learning					
Education; Referral to Portage before age 1 + Childrens Centre Consider SENpanel/nursery place at age 2years Transition plan by age 16					
Therapeutic input. Referral to SALT in first year. Physio as required.					
Family and social support Allowance/benefit. Social support. Social service disability info/register					
Any other parental concerns					

See www.dsmig.org.uk for further info and guidance details on all above areas