






Daytime Wetting

NAME OF CHILD		D.O.B.	
DATE:		TIME:	

Has the child been seen by the GP/Paediatrician?

YES	NO
	
<p>Initial Advice</p> <ul style="list-style-type: none"> • Reassure • Take history to assess for constipation (address this first) • Advice on fluids using fluid matrix <ul style="list-style-type: none"> ○ 7-8 drinks per day ○ At least 5 drinks before 4pm ○ Avoid trigger drinks • Avoid <ul style="list-style-type: none"> ○ Caffeinated drinks ○ Carbonated drinks ○ Blackcurrant ○ Fruit juice • Advice on regular toileting (eg position, times of day, 4-7 times) • Discuss using reward charts • Send information leaflets • Signpost to eric/bladder and bowel uk 	<p>Advise to see GP for physical examination to rule out any underlying organic cause.</p>
	
Advise to call back in 4 weeks	
	
<p>Follow up</p> <ul style="list-style-type: none"> • Have they seen their GP? • No <ul style="list-style-type: none"> ○ Send to the GP • Yes <ul style="list-style-type: none"> ○ Review progress • Drinking - 7-8 drinks per day and avoiding trigger drinks • Toileting routines 	
	
If after following all advice no progress is being made, advise return to GP	